

# **Riverside County Post-Secondary Transition Resource List**

### **The Access Clinic**

The Access Clinic is a primary care clinic for adults with chronic disabilities who are at least 18 years of age, a client of the Inland Regional Center, and covered by IEHP Direct.

www.ucrhealth.org (search Access Clinic)

Phone: (951) 486-5573

### **Ability Counts**

Ability Counts provides vocational resources and training for adults with developmental disabilities.

www.abilitycounts.org Phone: (951) 734-6595

Email: info@abilitycounts.org

#### The Arc of Riverside County

The Arc of Riverside County provides Supported Employment, Day Services, and Work Activity/Vocational Training for individuals with intellectual and other developmental disabilities in partnership with their families, legal guardians or conservators. Arc participants must have a developmental disability and be at least 22 years of age.

https://arcriverside.org/ Phone: (951) 275-5344

#### **Basic Occupational Training (BOT)**

The Basic Occupational Training Center (BOT) is a behavior management day program that assists people with developmental disabilities or mental illness improve the way they interact and work with others. Individuals who are at least 18 years of age and referred by the regional center may be eligible for BOT services.

http://botbmod.com/ Phone: 951-657-8028 info@botmod.com

# California Department of Developmental Services

The California Department of Developmental Services is the agency through which the State of California provides services and supports to individuals with developmental disabilities. These disabilities include intellectual disabilities, cerebral palsy, epilepsy, and autism and related conditions. Services are provided through state-operated developmental centers and community facilities and contracts with 21 nonprofit Regional Centers. The Regional Centers serve as a local resource to help find and access the services available to individuals with developmental disabilities and their families.

#### www.dds.ca.gov

Phone: (916) 654-1690 TTY: (916) 654-2054

#### **California MENTOR**

Provides services and supports to adults with intellectual and developmental disabilities.

# Home and community based services:

- Family Home Agency Program
- Specialized Residential Homes
- Supported Living
- Day Programs
- College Programs
- Employment Services

#### Individualized Service Planning:

- Individualized Service Plans
- Case Management
- Clinical Supports
- Life Skills Development
- Structured Activities
- Community Integration
- On-call Support
- Advocacy Services
- Transportation
- Quality Assurance
- Program Evaluations
- Respite
- Family Support

www.ca-mentor.com

Phone:1-855-MENTOR2

### **Department of Rehabilitation**

The California Department of Rehabilitation (DOR) provides services and advocacy that assists people with disabilities to live independently, become employed, and have equality in the communities in which they live and work. DOR provides consultation, counseling and vocational rehabilitation. A vocational rehabilitation team works closely with job seekers to establish the best combination of services and resources necessary to prepare for, find, and retain employment. Students may become eligible for DOR services at age 16.

www.dor.ca.gov

Phone: (951) 782-6650 TTY: (844) 729-2800

#### **Easterseals Southern California Adult Services**

Easterseals offers a number of services to adults with disabilities focused on community integration, vocational skills, and independent living. The following adult services are offered through Easterseals:

- Adult Day Services
- Autism Services
- Living Options
- WorkFirst
- Coordinated Life Services
- Individualized Support Services

Phone: 714-834-1111

https://www.easterseals.com/southerncal/

#### **EXCEED**

Exceed offers programs for adults with disabilities including:

- Supported Employment
- Work Training Centers
- Community Integrated Services (CIS)
- Paid Internship Programs (PIPs)
- Adult Developmental Centers
- Personal, Vocational, and Social Adjustment
- External Situational Assessment
- Residential Facility

Phone: (951) 766-8659 https://weexceed.org/

# <u>Family Advocate Program: Riverside University Health System, Behavioral Health, Riverside County</u>

The Family Advocate Program provides support for family members, significant others, or caregivers of adults with a serious mental illness. Family Advocate provides assistance to family members to cope with the mental illness of their loved one through information, education and support.

Phone: 1-800-330-4522 https://www.rcdmh.org/fap

#### **Goodwill Industries: Southern California**

Goodwill Southern California offers a variety of work and skills training opportunities to individuals with a diagnosed disability referred by sources like the Department of Rehabilitation and Regional Center. Services include:

- Work Activity Program
- Supported Employment
- Employment Services
- Personal, Vocational, Social Adjustment Program
- Situational Assessment
- Transitional Employment Program
- Ticket to Work Program
- Deaf Services

Phone: 323.539.2105 VP: 323.505.4208 TTY: 323.539.2156

https://www.goodwillsocal.org/career-services/disability-services/

#### **Independent Options, Inc.**

Independent Options offers residential, day service, independent and supported living, and adult family supports to people with developmental disabilities.

Phone: (951) 279-2585

Email: info@independentoptions.org/ http://www.independentoptions.org/

# Inland Regional Center

Inland Regional Center (IRC) is a non-profit agency that provides support to people with intellectual disabilities, autism, cerebral palsy, and epilepsy. IRC provides case management and service coordination for individuals in Riverside and San Bernardino counties that is focused on independence, empowerment, and inclusion.

1365 S. Waterman Avenue San Bernardino, CA 92408

www.inlandrc.org

Phone: (909) 890-3000

# Moreno Valley College: Disability Support Services (DSS)

DSS staff members act as liaisons to all areas of the campus to eliminate physical, academic and attitudinal barriers. Accommodations are determined based on the educational limitations of the documented disability. Accommodations and support services may include, but are not limited to:

- Academic advising and career counseling
- Test accommodation
- Adaptive computer technology
- Adaptive equipment loan
- Alternate media
- Disability-related counseling
- Note taking assistance
- Priority registration
- Real time captioning

#### http://www.mvc.edu/services/dsps/

Phone: (951) 571-6138

Video Phone: (951) 208-6896

Email: dss@mvc.edu dsscounseling@mvc.edu

#### Mt. San Jacinto Community College: Disabled Students Programs and Services

Disabled Students Programs and Services (DSPS) provides reasonable accommodations to students with a documented disability including physical, visual, hearing, communicative, psychological, acquired brain injuries, learning disabilities and other disabling conditions. Reasonable accommodations ensure equal access, and full integration of students with disabilities with the general college population to the fullest degree possible: maximizing the potential of each student to lead independent and productive lives.

https://ou.msjc.edu/dsps/ Phone: (951) 487-3305 Email: dspssjc@msjc.edu

#### Riverside City College Disability Resource Center:

Riverside City College Disability Resource Center connects eligible students with a documented disability with resources to better access the coursework and campus at Riverside City College.

Phone: (951) 222-8060 Video Phone: 951-801-5675

https://www.rcc.edu/services/disablestudents/Pages/ dsps home.aspx

# Riverside County Department of Public Social Services: In-Home Supportive Services (IHSS)

Riverside County DPSS In-Home Supportive Services provide targeted services to support adults with disabilities to live independently. IHSS services may include assistance with domestic skills (grocery shopping, meal preparation, clean-up, and laundry), personal care (dressing, bathing, grooming, toileting), transportation (medical appointments, shopping, pharmacy) and more.

Disabled adults are eligible if they:

- Receive Supplemental Security Income (SSI) and Medi-Cal
- Are a U.S. citizen or legal permanent resident
- Have California residency
- Live in a private residence
- Need help to remain safely at home

### dpss.co.riverside.ca.us

Phone: (888) 960-4477

# Riverside Transit Agency (RTA)

# **Disabled Identification Card**

Individuals who meets RTA disability requirements may be eligible for a discounted fare on all RTA fixed-route bus services. RTA provides these individuals with disabilities with a Disabled Identification Card.

#### **RTA Travel Training Program**

The RTA Travel Training program is for people with disabilities who want to learn to travel safely and independently using public transportation. Travel training is a free, self-paced process where an individual, regardless of ability or age, can learn to ride RTA's fixed-route system. Individuals with physical, cognitive and visual disabilities who wish to gain travel independence and confidence can familiarize themselves with the RTA bus system. Time spent on training is based on the individual's need, and instructors will spend as much time as necessary to ensure that each person is comfortable traveling independently.

#### Dial-a-Ride

Dial-A-Ride is a curb-to-curb advanced reservation transportation service for individuals with disabilities. Dial-A-Ride vehicles travel to areas within three-quarters of a mile of an RTA local fixed route. These areas are called the "Dial-A-Ride service areas" and trips must begin and end in that service area. If a trip starts or ends outside the service area, a person needs to find a safe place within the service area to be picked up and dropped off to be eligible for services. Individuals who do not qualify for Travel Training may be referred for Dial-A-Ride services.

(951) 565-5002

www.riversidetransit.com

# Social Security and Supplemental Security Income (SSI)

Supplemental Security Income (SSI) is a federal income supplement program. SSI pays benefits to disabled adults and children with limited income to provide for basic needs such as food, clothing and shelter. Prior to the age of 18, SSI pays benefits based on family financial need. From the age of 18, developmentally disabled adults qualify due to limited income. Social Security Disability Insurance (SSDI) may pay benefits to a disabled adult prior to the age of 22 if a parent is deceased and was insured, meaning that the parent worked longer than a specified length of time and paid Social Security taxes during that time. This is considered a "child's" income because it is paid on a parent's Social Security earnings record.

7880 Mission Grove Parkway South Riverside, CA 92508

### www.ssa.gov

Phone: (800) 772-1213 TTY: (800) 325-0778

#### Social Vocational Services, Inc.

Social Vocational Services, Inc. provides Adult Day Programs, Community Inclusion Activities, Supported Employment, Residential (Independent and Supported Living), Transportation and Financial Management Services. SVC is funded by the California Department of Developmental Disabilities and the California Department of Rehabilitation.

Phone (951) 222-7088 Email: riv@svsinc.org

http://socialvocationalservices.org/index.htm

#### **Supporting Unlimited Possibilities, Inc.**

Supporting Unlimited Possibilities is an adult day program that provides services to individuals with intense behavioral needs. Consumers may participate in community and center-based activities. Activities may include community outings, cooking, arts and crafts. Supporting Unlimited Possibilities also offers residential facilities for adults with developmental disabilities.

Phone: (951) 784-7280

http://www.supincservices.com/

#### **Transitional Age Youth (TAY)**

TAY centers focus on assisting youth ages 16-25 with mental health illnesses and support with transitioning from adolescence to adulthood. In addition centers support young adults with focusing on their goals for employment and career, community life functioning, educational opportunities, and living situations.

Phone: (951) 955-9800

https://www.rcdmh.org/children-services/tay

#### **United Cerebral Palsy of the Inland Empire**

UCPIE provides services for individuals diagnosed with cerebral palsy, autism, down syndrome, epilepsy, intellectual delay and other disabilities. Services are focused on independence,

productivity, and full citizenship of individuals with disabilities. UCPIE programs include adaptive bike program, family empowerment program, respite care program, after school and summer programs, and resource and referral programs.

https://ucpie.org/

70017 Hwy 111 Suite 5, Rancho Mirage Ca 92270

Phone: (760) 321-8184 Toll Free: (877) 512-2224 Email: info@ucpie.org

# Vocational Improvement Program, Inc.

Vocational Improvement Program, Inc. is a private nonprofit corporation dedicated to serving persons with disabilities with quality prevocational training, employment options, and support services. VIP offers a transition planning program for students in the last two years of high school as well.

Phone: (909) 483-5924 <u>marianng@vipsolutions.com</u> <u>https://www.vipsolutions.com/</u>

#### Westview Services, Inc.

Westview Services offers a variety of services for adults with disabilities including Day Programs, Community Transition Programs, and Employment Services.

Phone: (951) 343-2356

http://westviewservices.org/home